



Crying Blood

Aalia Munir

Crying Blood

a collection of poetry

*Dedicated to all those souls who think
they have nobody.
Darling, you have the world.*

CRYING BLOOD

a collection of poetry

Halima Munir

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You and me?
We're in for a cloudburst honey
We'll swim in the tears of our cloud
And conquer our lightning storm

Like colors in a gray gray world
You broke through my stone cold heart
And made me whole again

They were drunk
Not on vodka, not on beer
Just on the voices
Only they could hear

I can't remember what I was doing last night
Or last week
Or even just a second ago

But I can remember you
Your eyes that hide galaxies
And your soul that's battled storms

Even amnesia can't make me forget you

I can feel my body being physically attracted to yours
My soul striving to get close
When you're around,
The clump of atoms that I am,
Feel magically charged

I think we were meant to be together
From the beginning of the start

- Are soulmates real?
You seem very real.

Just like how the rain meets the ground
Just like how the rainbow meets the clouds
Just like how the light meets the dark
Just like that
I
Met
You

Sunshine shone through the clouds
And the rain, it disappeared
Nature laid it's magic down
And you? You made it clear

- There is no other place I'd rather be than here

Happiness
Is when you come
Back home
Alive
- Without you I wouldn't survive

Honestly,
Under that cold-hearted
Zombie-like exterior
All I could do was
Instantly
Fall in love
Again
His blood stained hands
Are so gentle with me
He may have killed others
But he's the reason I'm free

His eyes weren't ocean blue
You couldn't see swirling storms in them
You couldn't see them reflect the sky

His eyes weren't chocolate brown
You couldn't see them move mountains
You couldn't see them darken after every lie

His eyes weren't gray
They didn't look like the moon
They didn't sparkle in the night

No,
His eyes were an ordinary black

But I can swear to you
When you looked at them
Those obsidian orbs would stare back
And at that very moment
You would know what it means to stargaze
You would know what it means to gaze through galaxies

Teach me how to
Love me
Show me
I'm worth staying

Teach me how to
Love me
Tell me
You're not just playing

Teach me how to
Love me
Please don't
Leave me dying

I've been pulling on these ropes for a while now
My wrists are bruised
And my fingers ache
But I can't seem to stop pulling on the frayed threads
Because there's a part of me that says
That at the end of the rope
I will find you
And then, the bruises, the aches, the
Constant pain
Will be worth it

We were like those two oceans
That never mixed
But were so close

Staring at each other through the wall
Invisible to the rest of the world
A barrier only we could see

Hoping
Wishing
For it to break

If I told you that everything I touch
Burns
Turns to dust
Tears into a million pieces

Everything I hold
Melts
Disappears
Dies

If I told you that
Everything I love
Shatters

Would you still Love me?
Or would you leave?

Will you be like the others?
Or will you surprise me?

Would you leave
Or would you stay
If I told you, you're
My reason to breath
Would you go away?

Leaving you
Under the clouds
Beneath the old cherry tree
Never felt more hard
All I wanted to do was keep you in my arms

You wrote forever into the sand
You were gone before the ocean even washed it away

You etched your name in my heart
With a permanent marker
Then you left,
Leaving an un-washable stain behind

They carved their love in stone
To make it last
Even if they didn't
The blacked out spaces
In your letter said
More than your words
Ever could

Their love was just like the stars
They shone the brightest
When they were tearing apart

When you left
I felt the most human I ever felt
Because you once told me
Pain makes you human

And then,
You went on to show me how
Sometimes I feel like you weren't even trying
Because I gave everything
That my bruised, broken heart could give
And yet,
Somehow
It wasn't enough
To make you stay

I went to hell and back for you
I burnt in fire for you
I tore myself into a million pieces for you

And you?
You couldn't even cross heaven for me

Crying Blood by Halia Munir

You were a storm
A hurricane, a tornado, a tsunami
You brought wreckage to my life
And then you left me with the ruins

- Sometimes I wonder what's worse
The storm or the aftermath

You blocked my light out
Like the moon does to the sun
And all everyone could do
Was watch with awe

- There's so much pain in everything that is beautiful

Crying Blood by Halia Munir

I had my eyes open the whole way
When you spilled blood
Broke hearts
Stole happiness

But the moment you were laid bare before me
All sins laid out to see

My eyes,
They closed

- I can't seem to let go of your monstrous grip on me

No matter how hard I try
I can't get myself to hate you
It's like my heart went to the moon
And never came back

- I'm stuck loving you forever

There are flowers in my DNA
A garden in full bloom
But all the flowers are poisoned
Because of your toxic fumes

-Inhaling your words were my gravest mistake

There are two million songs on heartbreak
Maybe they're true, maybe they're fake
But one thing's for sure
Not one song describes
The mess you made

Let's go back to the start
Let's be strangers again
Back to when no one got hurt
And when you smiled at me first
Your heart may be broken
Your pieces lost
Your tears dry

Crying Blood by Italia Miner

You may have promised to never love again
To never lose
To never break

But sometimes,
The bravest thing to do
Is to take another step

Get those pieces together
To
Love
Once again

Today,
The wolf inside me
Surrendered
The dragon
Broke free
The lion
Quieted
And the monster
Can no longer see

Today,
I give up

But tomorrow's another day

Crying Blood by Talia Muntir

Take me back
To when the sun was purple
And the trees, pink
When the floor was lava
And the only thing I was afraid of was the dark

Take me back
To when mornings were great
When school meant happiness
And fights were just battles with cardboard swords

Take me back
To when I felt alive

~~Take me back to my childhood life~~

I wonder who I'll be in the future
I wonder how far I'll go
I wonder if I'll be happy
If I'll be living my best life yet

Sometimes I feel like giving up
And then I think about
All of me
That I still haven't met

Crying Blood by Italia Miner

Cores made of iron
And hearts of gold
Fists made of steel
And teeth of bone

Forged in darkness
And fires galore

Kind people are not soft
Their made of stone

There's lightning in your veins
The energy to light up the whole sky
Remember when it's dark
You've got the power right underneath your skin
To create a spark

Beautiful people
Are hidden
Behind
Hard faces
Emotionless smiles
And
Broken Hearts

- The thorniest stems grow the prettiest flowers

Their skin may be thick
And their heart, fortified
But just because the outside can't hurt them
Doesn't mean there isn't a war on the inside
That they're fighting hard to win

Let me tell you something
The skin that's carrying your soul?
It's almost as beautiful
As the thing on the inside

Almost

Crying Blood by Halia Munnir

The graying clouds parted for you
For even the sky couldn't fathom a reason
to make you blue

If you listen really hard
Into the quiet dead night
You'll hear the night whisper
About the horrors of the light

Crying Blood by Halia Munnir

Sandy feet
And the sun in my eyes
Fearless waves
And the sparkle in the skies
- The ocean makes me feel alight

Oh what it feels like
To lie in the grass
Stare at the sky
And whisper to the stars

Oh what it feels like
To not fall apart

Inhale

I've tried living the life you wanted me too
I've tried being perfect
No flaws
No smudges
Straightened
Smoothened out

Exhale

Living your way didn't work
I have learned that I can't be tamed
There's too much wild inside
To lock up in a cage

- I've long since stopped breathing for you

Not dancing to your tune anymore
Not singing to your song
Not living the way, you want me to
Even if you think it's wrong

It took me a long time to realize
That all you were feeding me were lies
I know you think I'd never leave you
But this is forever a goodbye

Crying Blood by Halia Munnir

A raging volcano lived inside her
A monster she couldn't tame
Her veins ran with lava
From her heart's molten cage

Under the full moon
My heart began to beat
And I began to
Rise again

Crying Blood by Italia Miner

Humans
Always crumbling
Always Breaking
Always Falling

Humans
Always picking themselves up
Always putting themselves back together
Always getting up

Humans
So very stubborn
So very smart
So very brave

Humans
The reason there's death
And the reason
There's
Life

The essence of a dying star
Stuck inside bones and skin
Lost in a different world
Burning from within
Depressed and repressed
Containing all the light

Soon, the body will explode
Unleashing the power of the worlds
Blinding
Menacing
And the most beautiful thing
Ever to be seen

Crying Blood by Italia Miner

Her eyes held hatred
And her heart, darkness

Like a sword
She was sharp and beautiful
Stained with the blood of her enemies

Like a flame
She was scalding and bright
Burning everyone in sight

Like poison
She was deadly, hidden
And ready to kill

- she was a force to be reckoned with
A powerful weapon that only she knew how to wield

There's gunpowder in the air I breathe
Iron in my blood
War in my brain
And death in my veins

- You will not get away from me alive

Crying Blood by Italia Miner

Push me to rock bottom
And I'll take you down with me
Hold me as I drown
And you'll never leave the water
Watch me as I burn
And your ashes will mix with mine

Cause baby you should know
When I fall
I won't do it alone
When I fall
I'll fall worse than Rome

I know you're stronger
That you've got more power
That you've got armies on your side

I know you think you'll win
I know you know that you've got this

But what you don't know
Is that there's a light vested inside me
And it's telling me
To not go down without a fight

So even if you win
The world will know
It wasn't because I let you

The seed of anger that you planted in me
Has buried itself deep inside my heart
And has led to the birth of poisoned fruit

I hope one day
You stumble upon them
And are tempted to take a bite

- Then you'll find out what betrayal tastes like

They said she was an open book
That they could tell whenever she was happy, sad, or excited
But they were stuck on one page
Never bothering to read the whole story

So, when she turned the page
When she closed the book
When she burnt the story
They were surprised

Because how could such a pretty flower
Turn out to be so poisonous?

Crying Blood by Halia Munnir

Fool,
He's only here for the flowers and music
Take out the knives
And you'll see him
Run

Call me kitty again
And I'll show you where I keep my claws
You'll soon find out why cats
Were once worshipped as gods

Sweetie,
They didn't cage me
I locked myself in
- Oh the lengths I'd go to stay away from you

One day
You'll hate me
And you'll try to break me
But I'll be ready then
I'll pick up the pieces
After you make me bleed

After everything
He went through
Misery was no longer evil
Even death had become his friend

We were the lost and forgotten
The hurt and unloved
We were the black sheep, the underdogs, the weird ones
We were the lonely, the wallflowers, the rejects.

We were all those things and more.

But just between you and me
We were special.
We were the colorful, the thinkers, the beautifully broken lovers
We were a kaleidoscope of emotions, a hidden rainbow, a stolen dream

We were the carefully kept secrets of a unique and magical world
We were all those things people would die for

Crying Blood by Fatia Munir

The universe owes me a dollar
For every time it told me I wouldn't survive

I made a home out of all the sticks and stones it gave me
And stood up on it,
Alive

I crushed the stars with my bare hands
And told the world that it's over
It'll never be written in the skies again
She was drunk on misery
And blinded by pain
She danced around
Under the clouded sky
Waiting for the rain that never came

I've become a ghost
A shell of what I was
Holy water won't help me now

Sometimes

I see your silhouette
In the corner of my room
Leaning against the wall
In the way you used to do

Sometimes

In my head
I hear you laugh
To every funny thought that passes by
Like I'm the greatest comedian you've ever met

Sometimes

I feel you near me
Your lips ghosting over my forehead
Your arms wrapped around me
And I get transported back in time

Sometimes

There's nothing else I can do
But wonder
Why you went on without me
Why'd you leave

- Please come back
Set me free

You burned so bright
To light up the world for others
You used up all the fire inside you
Little by little
And now you're
Gone

- You burned so bright
That now you're burnt out

When you left
You woke up the devil inside
I lost control

And when I finally found a road
I forgot how to call this place home

I once met a killer
Who was as smart as she was nice

I once met a killer
He was crying over fries

I once met a killer
Her laughter was music to the ears

I once met a killer
Darkness was his biggest fear

I once met a killer
All I had to do
Was look in the mirror

- We've all killed ourselves little by little

Is this what heartbreak sounds like?
I always thought it'd be louder
More deafening

Not the quiet whisper of "I'm fine."
That comes out of dried lips
And fake smiles

The world has never seen
The moon's dark side

I wonder what it has to hide

There is perhaps no other word
That rhymes better with death
Than breath

And if you think about it
That's rather odd

Cause there's no way you can breathe
When there's death's standing at your bed

It was never black or white
Only gray
And with it came the numbness
Of not knowing what to do

Those 4 A.M thoughts
Are the reason I have purple crescent moons under my eyes
Slashes on my wrists
And blood on my fingers

But they're also the reason
They're words on this paper
Ink on my clothes
And songs in my head

Those 4 A.M thoughts make me kill myself
In the most alluring way

Crying Blood by Halia Munnir

Cut myself open
To see a little color

Tore myself in half
To feel a little better

Tried so hard to live
To find some happiness in me

But I forgot how to breathe
And all I did was bleed

Falling apart right in front of you
And you can't even see
You see that lifeless girl in front of you
And you really think it's me

Don't know what I'm feeling
Don't know if it's good
Don't want to live on
Even if I know I should

Time is fluid
And I am drowning
Standing on top of the world
And all I can think about is falling

Hey
Monster under my bed
Do you get along with the one's in my head?
Do you band together as one
And party when I scream
Or do you only appear
When I just begin to dream

Hey
Monster in my head
Do you mingle with the monster under my bed?
Do you tell him about the cries that echo in mind
Or do you just whisper to each other
About the day I'll finally die

Hey
Monsters all around
What do you think you'll see
When you look into the mirror
Red eyes and a black body?
Or will you just see
Me?

Crying Blood by Talia Muntir

It's not the pain
Not the anger
Not the feeling of absolute heartache
That kills you

No,
It's the feeling
Of no feeling at all
That brings you to your knees

Is it really dying
When you're going down
In the most spectacular way

The numbness is gone
The pain is back
And I've found another level of high

Tick
The clock strikes twelve
The glass slipper breaks
Cinderella was never found

Tock
The witch keeps her promise
Aurora sleeps
Under a spell, the whole kingdom was bound

Tick
Ariel got her legs
Ursula left
Gone forever was her sound

Tock
Happily ever afters
Don't usually happen
Around and around

Wishing upon an unknown star
Hoping to win an unjust war
Waiting for a miraculous turn
Standing still as everything burns

The star burnt out
The hopes died down
Victory was never found

A dying world watched as the smiles turned to frowns

The paper's blank
The pen's put down
So many thoughts
Yet not one sound
All my life they told me what to do
How to draw the perfect flower
How to create the perfect scene

And now,
When I can finally hold the pen on my own
The paper remains blank
The color remains unseen

- They drained out all the color in me

Life is a game
Of murder and lies
And I'm stuck on a level
Where every time I try
There's an error

ERROR: You don't have enough power to perform this action.
Level up to do more

Are you sure you want to quit the game?
Yes

Broken windows
Raging fires

Deserted hallways
Silent criers

They said this world was good
They're all liars

Crying Blood by Halia Munnir

Pipes attached to my body
Draining the life out of me
Blood sucked out
For all to see

Pale and lifeless
Too tired to be trying
The pipes are not letting me be
Pull out the plug
Let me breathe

I've been lying in this place for a while now
There are creepers growing all over my heart
And plants that keep me rooted to the ground

I can't escape the garden of my life
I'm going to die
By the poison of my own vines

- Something inside is killing me

There's a tear in my chest
A black hole of the heart
And it's sucking in everything I love

Baby, you should leave before it gets too dark

When I leave
Love the pieces I leave behind
Feel me through every t-shirt
Breathe me through my pillows
Watch me through every little thing you find

When I leave
Hold on to every memory
And brush away the tears

When I leave
Keep me near

Half of me is made of fire
Half of me of ice

Half of me is frozen
A blanket of thin ice
Fragile but cold
And sharper than a knife

Half of me is burning
A passionate fire
A turmoil of emotion
Hidden beneath my eyes

I'm fighting with myself
Battle after battle
No victors are ever declared
Just hardened soldiers of despair

If only for a moment
There was peace on both sides
Fire meets ice
Without making sparks fly

Maybe then for a second
I'll see something more
A bluer sky
A greener grass
A clearer future

Maybe then, I'll see hope

Crying Blood by Italia Miner

My blood is stained
By stories of the past
By heartbreak and loss

My heart is torn
By betrayal and scars
By the battles that I've fought

My eyes have darkened
By visions and dreams
By crying more often than not

My lips have thinned
By tales and lies
By the torture people have brought

I've gone through more than I bargained for
And now
I've turned into a hardened soldier of war

There's a devil in my head
He's telling me to die
He's whispering little secrets
He's trying to make me cry

There's a devil in my head
He's feeding off my thoughts
He's screaming bloody murder
With everything he's got

There's a devil in my head
He hides behind my eyes
Filling darkness in my heart
Everytime I rise

There's a devil in my head
He's holding a carving knife
His hands are on my throat
He's whispering "Mine."

I closed my eyes
I wasn't scared anymore
And when the bullets finally flew
I stood there and watched
Because even though my heart's beating fast inside
My brain has gone numb

(Now, read backwards, line by line)

- By a murderer and his victim

Goodbyes aren't written in blood
They don't make people bleed
Sometimes they're written on
Faded papers
For some lost soul to read

Acknowledgments

It wasn't at all easy to sit down, open a blank document, and start writing with the intention of someday publishing a book. I went back and forth with the whole idea, unsure about taking it seriously. The reason this book became what it is today, was not entirely because sudden motivation struck me at 12 A.M one night and I began writing it, no.

A lot of people in my life pushed me into following my dreams and without them, I would still be staring at that blank document.

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A collection of poetry written after dark nights and even darker mornings. Crying blood is a compilation of the thoughts that occur in the middle of the day, at 2 A.M and when everything is slightly tilted away from its axis.

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